

# Youth and the 2014 Ontario Child Health Study

**We really want to know what it's like to be YOU!**



## What is this study about?

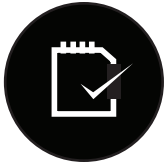
The 2014 Ontario Child Health Study is a unique survey taking place in Ontario. Its purpose is to collect up-to-date information about the mental health of children and youth just like you.

## We need you!

- Statistics Canada really needs you to take part in this study so that the health information about young people like you is as up-to-date as possible.
- This information will be used to better understand the mental health of young people.
- It will also be used to plan programs and services to improve the mental health of youth in Ontario.

## What's involved?

---



First, during an interview with a Statistics Canada interviewer, we will ask your parent(s) some questions about your behaviour, activities, and moods.



Next, if you are between the ages of 12 and 17, we want to interview you. We will also ask you to fill in a questionnaire about yourself. You can choose whether or not to fill out this questionnaire.



All your answers will be kept private. Once you complete our questionnaire for you on our laptop, our interviewer makes sure that your questionnaire is inaccessible.



If you are in grade 8 or lower, we will be sending your teacher a questionnaire and asking them to answer some questions about you. This will only happen if we receive permission from your parent(s).

## Your information is kept private!

---



The information you and your parent(s) provide when you respond to this study is protected by the law - under the authority of the *Statistics Act*. That means that any information provided to Statistics Canada is strictly confidential. The same rule applies if we get information from your teacher.

The information will be used only for research and statistical purposes. We are not allowed to release any information that could identify you or anyone in your family.

## Further Information

---



**Thank You!!!**

### Thank you!

Thank you for your help. We couldn't do this without you. This study will help provide a clear picture about the mental health of children and youth living in Ontario.

### Need to know More?

1-800-387-0714



[www.statcan.gc.ca/survey](http://www.statcan.gc.ca/survey)  
(search Ontario Child Health Study)

[www.ontariochildhealthstudy.ca](http://www.ontariochildhealthstudy.ca)



Check out a video about our surveys on YouTube, "Fundamental Principles of Official Statistics" and "Statistics Canada Surveys - Your Participation is Important".

## Need to talk?

---

### Kids Help Phone

The KIDS HELP PHONE is available to help you at anytime if you feel like you would like to talk to someone about a problem.



Call **1-800-668-6868**

or visit <http://www.kidshelpphone.ca>



1 800 668 6868  
**Kids Help Phone**  
[kidshelpphone.ca](http://kidshelpphone.ca)